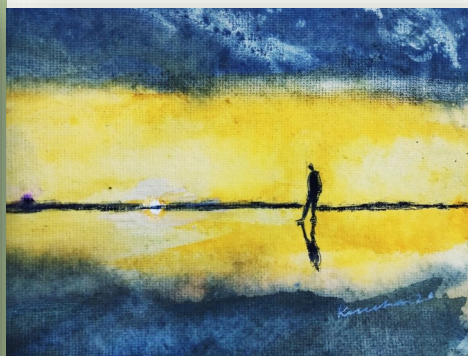


Time spent in self-reflection is never wasted - it is an intimate date with yourself.
Paul TP Wong



Reflections

Volume I, Issue 8

November, 2020

Inside this issue:

Music	2
Street food	3-4
Art	5-21
Photography	22-28
Fashion	29-31
Calcutta Canvas	32-34
Misc.	35



In the mirror we find a reflection of our appearance,
but in the heart, we find a reflection of our soul.

- Brene Brown

Radiologist's Musings - Viral Parekh

Hii, Namaste,

This is Dr. Viral Parekh, a Radiologist from Kolkata, India. Here is eighth issue of Reflections. In this issue also Doctors from all over India have contributed their art.

I was not sure whether I will be able to bring out this issue at all. I started suffering from Covid on 3rd. October, 2020 and had to be hospitalized for 10 days. After returning home, I was recovering well but after a week, I had fever with extreme weakness and severe cough again with changes in both lungs on CT scan. Fever continued for 5 days but weakness and mild cough are persisting today on 26th. day of the disease. Delayed Covid/long haul Covid is the name they have given to this. I hope worst is over and I will be back to work soon with your good wishes and blessings.

There might be some deficiencies in this issue, which I hope will be forgiven and hopefully I will publish next issue with renewed vigor and enthusiasm.

When I started Reflections during lock down in March-April, I was not aware that I will be paying tribute to my classmates of R. G. Kar Medical College through this publication. In last two months, I have lost two of my classmates to Covid. Last month we paid tribute to my classmate Dr. Hiron-

moy Bhattacharya and this month I lost another classmate of mine to Covid, Dr. Amal Ray.

According to one of our classmates Dr. Jayanta Chatterjee - "Amal was not full of life, he was life himself. You only had to play cricket with him once to know that. You only had to place a bet with him, on any obscure issue, like how many runs would be scored in the next ball, to know that. You only had to go to an outing with him to know that. In anything he did he was life personified with nary a care about tomorrow, soaking in the present with gusto, up to his neck in hilarity whose origin only he know but which he distributed freely to all those around. In the class he was a back bencher and his rustic origins tied his tongue but in the hostel he was verbose and ebullient, full of life and energy. He was a pillar, the pillar around which many of our lives revolved. He was the protector, our guardian in many ways yet with a cricket bat in hand he was the destructor, often disputing his dismissal in such decibels that all dissent fell in line. He acted the father when he kept the pocket money of some of us in safe keeping and doled it out miserly in an apparent attempt to prevent his friends from going astray. He was the mother when he picked up the drunken souls from around

the hostel, cleaned their puke and put them to bed. But he was strong like an ox. I re



Dr. Amal Ray

member him carrying two buckets of water in two hands from the Bag Bazar Ganges non stop to the hostel in response to a challenge. I remember him when he spent two days of his life with me in my home (then a small rented two room space) in Kalyani. Amal has left but Amal lives on because there was only one Amal. One of a kind. God made only one such specimen. You don't believe me friend? Then tell me this, have you seen another Amal? I haven't."

I hope I don't have to write any more obituaries here. It is so saddening.

This issue would not have been possible without the help of Dr. Debjani, Dr. Paranjyoti, Dr. Palash, Dr. Harish, Kanchan, Dr. Bhakti, Dr. Nitin, Dr. Sandhya, Dr. Saurabh, Dr. Alka, Dr. Ritu Gupta, Satyam, Sushanta, Dr. Ritu Lokhande, and Dr. Jayati. I am obliged and sincerely thank all of them.



Music

"The man that hath no music in himself, Nor is not moved with concord of sweet sounds, Is fit for treasons, stratagems, and spoils; The motions of his spirit are dull as night, And his affections dark as Erebus. Let no such man be trusted. Mark the music." — William Shakespeare

"This will be our reply to violence: to make music more intensely, more beautifully, more devotedly than ever before." — Leonard Bernstein



Melodica is a musical instrument similar to a harmonium. In Harmonium, air is blown through bellows and keys are pressed to create notes. Similarly, a melodica is a free-reed musical instrument that creates notes when air is blown through the mouthpiece and keys are pressed. A melodica looks similar to a miniature keyboard but works more like a clarinet. When you blow through the mouthpiece or through a pipe attached to mouthpiece, you press keys that open up holes for air to flow over a reed which is what creates the notes. Typically, a professional melodica will have about 37 keys.

the modern form of the instrument was invented by Hohner in the 1950s, though similar instruments have been known in Italy since the 19th century.

It is associated with Jamaican dub and reggae musician Augustus Pablo who popularized it in the 1970s, and more recently with Jon Batiste, who is often seen playing the instrument on The Late Show with Stephen Colbert.

It is now widely used in orchestras all over India. It is a very affordable and easy to play instrument, which not only creates music but gives your lungs good exercise, which is absolutely a must during this Covid times.

It requires lot of cleaning of instrument once you finish a music session. The hollow body of the instrument and pipe needs thorough cleaning to remove any left over moisture. Otherwise, there might be fungus or other microbial growth within the instrument.

There are varieties of Melodica available starting from very affordable to very expensive range. You select a mid-range instrument, because very cheap ones come with flimsy keyboard.

So, select the one which suits you and start making music.

Paintings by Dr. Juni Menon.

Photo, Compilation and Narration - Viral Parekh



Dr Debjani Gupta
DCH MRCP (UK)
 Consultant paediatrician and
 Neonatologist
 Narayana Multispecialty
 Hosp Howrah

Dr. Debjani Gupta is a pediatrician by profession. She is also an ex-student of R. G. Kar Medical College, Kolkata. She is now a Consultant at Narayana Multispecialty Hospital. In the last few issues, we had read her poem, seen some of her sketches and have also read articles in Calcutta Canvas. She has covered Kolkata street food in this issue and I am sure you will like it.

STREET FOOD IN KOLKATA- RAMBLING THOUGHTS.

Each metropolis had its signature street food and Kolkata is no exception- we really have a street-full of flavours and aromatic colours. The new normal way of doing things this year however has had a huge impact on the way of living and we have stopped taking things for granted. So it is with a fond sad nostalgia I am penning down the thoughts as I recall the mouthwatering joyous moments. The reality is however much one tries to recreate those magical recipes in the home kitchen the palate tingling zing of the street food is never recreated.

CHURMUR-with the zing and the tang.

Hop on to the time machine and roll back few decades and imagine....

The crunch of the multicoloured ingredients, the twist of the tangy liquids, the judicious mix of the spices, the dash of lime and the topping of green chillie and coriander leaves, all packaged and handed over in a leafy container...

Standing by the roadside and having it tailor made to individual preferences, the heady aroma that tickles the nose followed by the delight as each morsel hits the palate.

Undiluted joy and feeling of well being that overrides the niggling worry what the consequences could be the following day.

Paanipuri, Phuchka, Golgappa....what's in a name!!!

You need to open your mouth wide, take firm hold of the half full phuchka leaking tamarind water and gulp it in one go- the zing and the tang hits the palate and your senses and your face gets creased with a satisfied smile. Be careful to pause between the refills to enjoy it all, hence the servings have to be at just the right speed.

The Last time I had this delicacy standing at the road side was when I was in college- the going rate was 6 for 25 paise and I used to demand 1 phau (free) at the end- this was in front of Lady Brabourne College.

Times change and with age comes a lot of uncalled for Gyaan!!!!

I still am in love with this wonder food. My sis in law makes lovely Home Made Ones. I never miss it among all the elaborate cuisine of the weddings. In fact I have had it at the grandest of restaurants served in porcelain white bowls by a person in full ethnic attire!

All Very Good-BUT the street side phuchka is a distinct entity- baat hi kuch alag hai usme- ONE OF A KIND!



The zing and tang of JHALMURI (spiced puff rice)

The hall marks of the ideal Jhal Muri -

1- should be well timed- from making, mixing, serving to gobbling. If eaten too early the flavour of all the ingredients do not percolate through. If eaten too late then it becomes one big soggy mess.

2- the tomatoes and the onions need to be very finely chopped. The size to

be such that their visibility in the mix adds to the brightness and the colour and yet be small enough so that the teeth feel happy. The sliver of coconut is best served separate- you either like it or don't!!

3- if somebody else makes it for you, even better. There is an immense drooling joy in the anticipation.

4-the flavours have to be subtle- the dash of lime, the zing of the oil, the granules of rocksalt (beet noon), the sprig of coriander leaves, the sprinkling of bhujia and the professional mixing of the concoction.

Make it overpowering...and you would have killed it!!!



Dr Debjani Gupta
DCH MRCP (UK)
 Consultant paediatrician and
 Neonatologist
 Narayana Multispeciality
 Hosp Howrah



5- Think happy thoughts when you are munching the muri. The goodness wells up from within. **PARE LIST.**

6- Don't be greedy- eat small portions- need to be tummy friendly, especially in these times.

7- Savour the moments of small joys . They all add up.

8- top it of with a cup of Chai.

9- be sure to profusely thank the person dishing out this joy for you.

10-do share the picture with all those who missed the treat.

HOT KATHI ROLL

The ubiquitous Egg Roll was a lifesaver! An evening snack to yearn for during the college days.

Never mind the ultra greasy iron pan on which floated the paratha,

Never mind the roadside chopping of onions, cucumber and generous dash of green chillies, Never mind the dubious authenticity of the tomato and chillie sauces.

Just the thought of the various permutations of the humble egg roll made the evening so rosy!!!



FRYING PAKORIS - whatever be the stuffing...onions, brinjal, capsicum, potatoes, lentils (dal) ...always a favourite but in small proportions!!!

Pakorís sound so much attractive than Dumplings and appealing as well .

The monsoon season is a good time to write about them as they seem to be high up on the WANT TO MUNCH LIST and low down on the WANT TO PRE-

Depending on the Energy Stores, Serotonin levels in the brain and the Ambient temperature externally and as perceived...the choice of the Pakori varies.

Anyway I digress...

Making the Pakoris sounds deceptively easy but can be frustratingly tricky as well .

Points to Ponder (experience gathered by innumerable trial and error episodes) -

1- Choice of the batter, Ingredients added and the Spice level depends on What they are going to be drowned in OR consumed on it's own , apart from individual preferences.

2- Optimum Salt portion (will make or break it)
 Helps if you can coerce someone gullible enough (with a discerning palate) to taste the saltiness of the uncooked batter(a reluctant Saltometer) .

3-Depth of oil given for frying and just the right consistency of the batter will decide the end result- Firm on the outside with a soft inside that can osmotically

imbibe all the flavours.

At the end of the day the flavours of the street food rests on a combination of factors-

-how happily and swiftly it is being prepared and served ,

-the company that accompanies the munching of the food,

the mood barometer being set at an optimal level,

The promise of revisiting again.

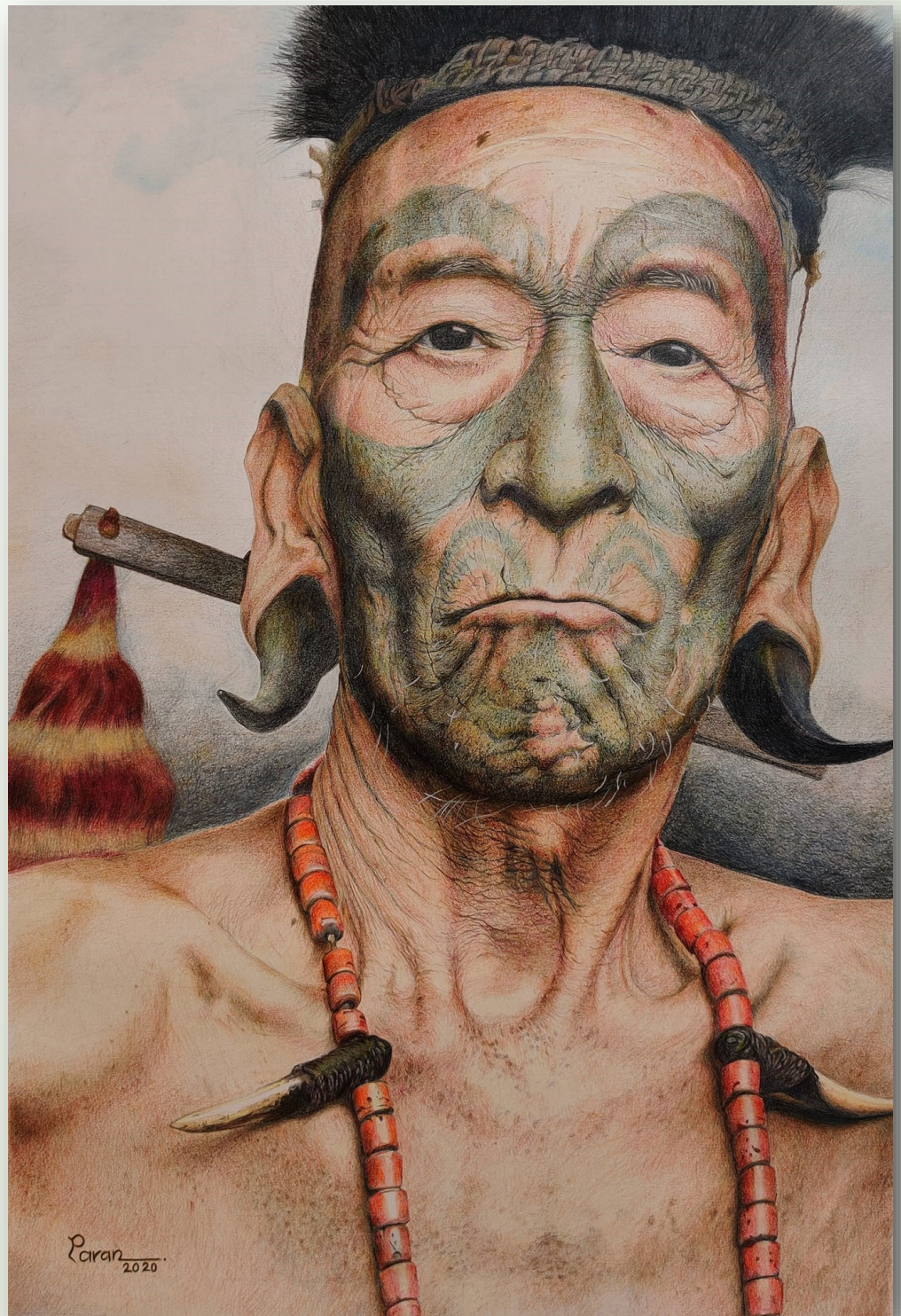


Dr. Paranjyoti Barman
MS, MCh (Neurosurgery)
 Consultant, neurosurgery,
 GNRC Hospital, Guwahati,

Dr. Paranjyoti Barman, M S , M C h (Neurosurgery) is a Neurosurgeon by profession. He is presently practicing as consultant, neurosurgery at GNRC Hospital, Guwahati, Assam. He is a self taught artist and painting is a hobby since childhood.

After getting into the medical field, he didn't get enough time to do paintings. During lockdown period started painting again after a long time. He is mostly interested in doing colour pencil sketches and hope to learn water colour in future. He is fascinated by hyper realistic paintings.

When I first saw his paintings, I was in awe that how can someone sketch something like this. I am sure you will fall in love with his exquisite art.

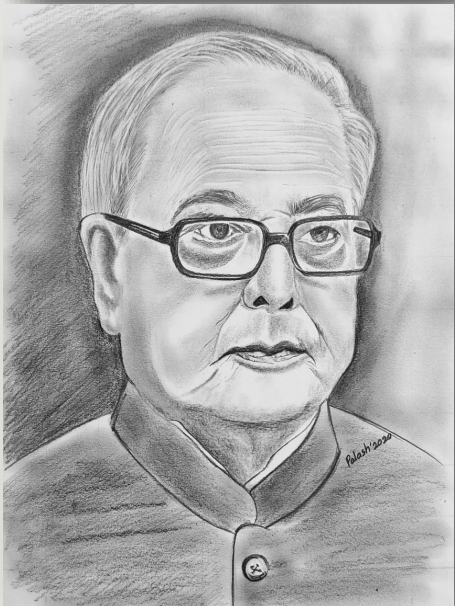
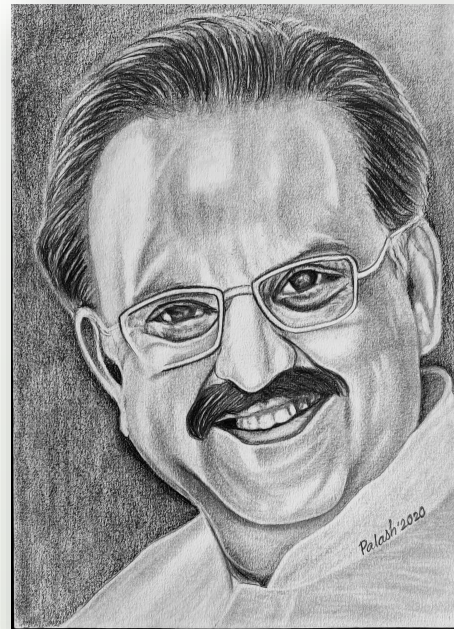




Dr. Palash Jyoti Das,
MBBS, MD
Radiologist,
Arya Wellness Centre,
Guwahati, Assam

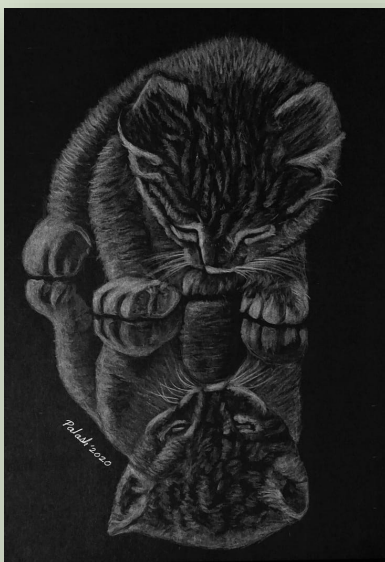
Dr. Palash Jyoti Das, is also a fellow Radiologist and presently working as Radiologist in Arya Wellness Centre, Guwahati Assam. He done MBBS from Guwahati Medical College and MD (Radiodiagnosis) from Assam Medical College. He did his Senior Residency from PGIMER (Chandigarh)

Drawing and painting is his passion since childhood. Without any formal training he is indulged in art work. After joining medical profession he could not continue due to time constrains. During lockdown period the old passion was rejuvenated and he took pencil and brushes after years. His prime interest is pencil works and human face. Although he always tries to experiment with new things. He has done few pencil drawings over the plastic sheet which comes with CT scan films.





Dr. Palash Jyoti Das,
MBBS, MD
Radiologist,
Arya Wellness Centre,
Guwahati, Assam

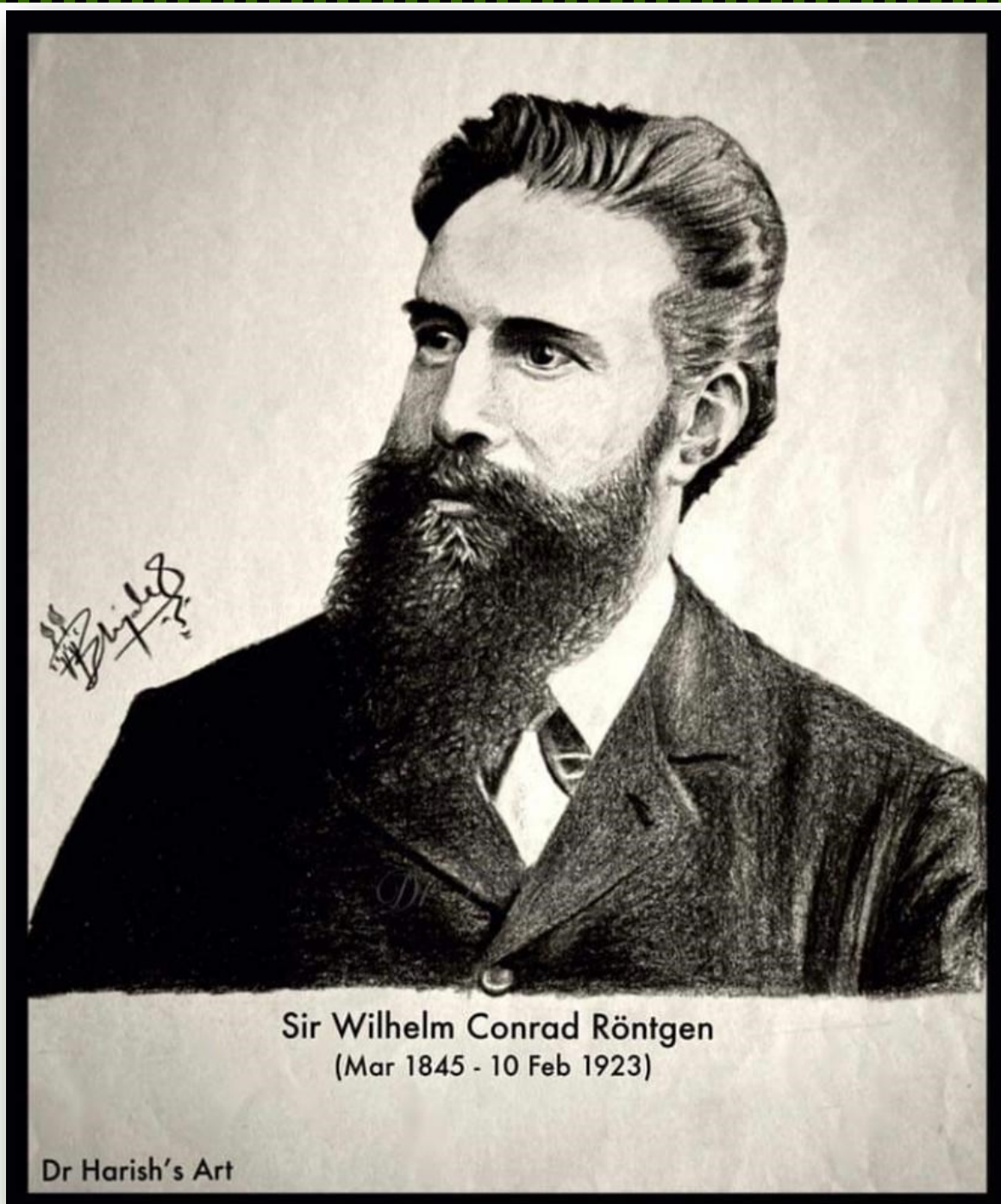




Dr. Harish Bhujade
MD, FVIR
Interventional Radiologist
Assistant Professor,
PGIMER, Chandigarh.

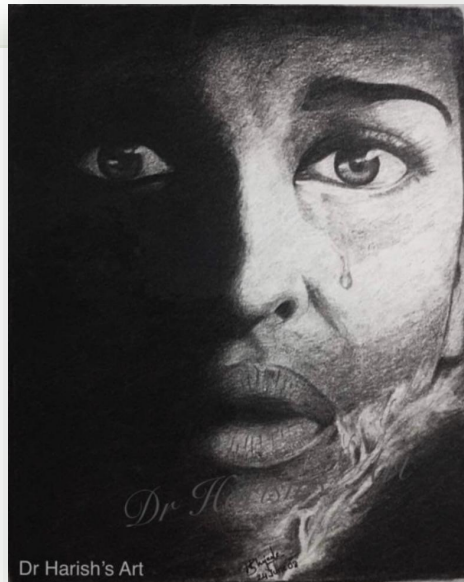
Dr Harish Bhujade is an interventional Radiologist, currently working as assistant professor at PGIMER, Chandigarh. He has done his MBBS from Grant Medical College, Mumbai and MD (Radiodiagnosis) from GRMC, Gwalior. He has completed Fellowship in Interventional Radiology from PGIMER, Chandigarh.

He has a very keen interest in various arts and craft especially sketching. He developed the sketching skills while working in various cultural festivals during MBBS without any formal training. Here is his artwork of portraits of some of famous personalities.

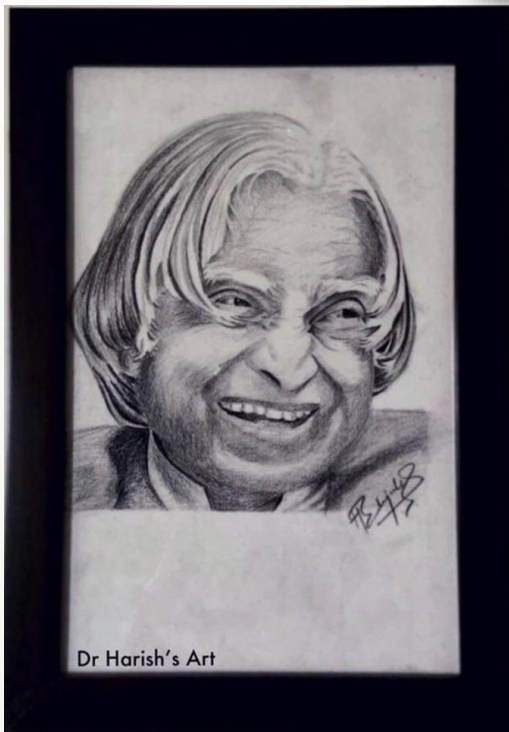




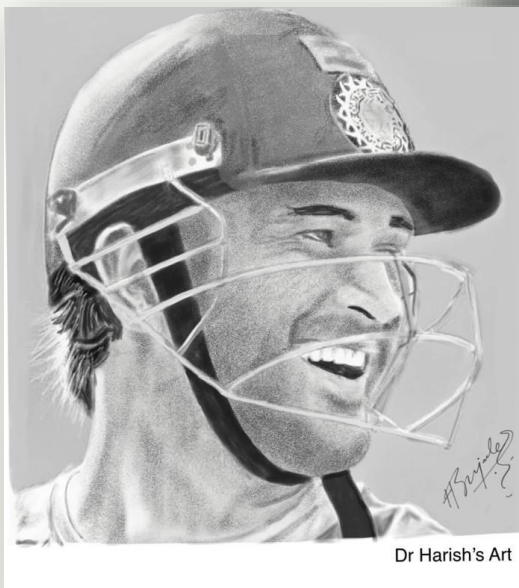
Dr. Harish Bhujade
MD, FVIR
Interventional Radiologist
Assistant Professor,
PGIMER, Chandigarh.



Dr Harish's Art



Dr Harish's Art



Dr Harish's Art



Dr Harish's Art



Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.

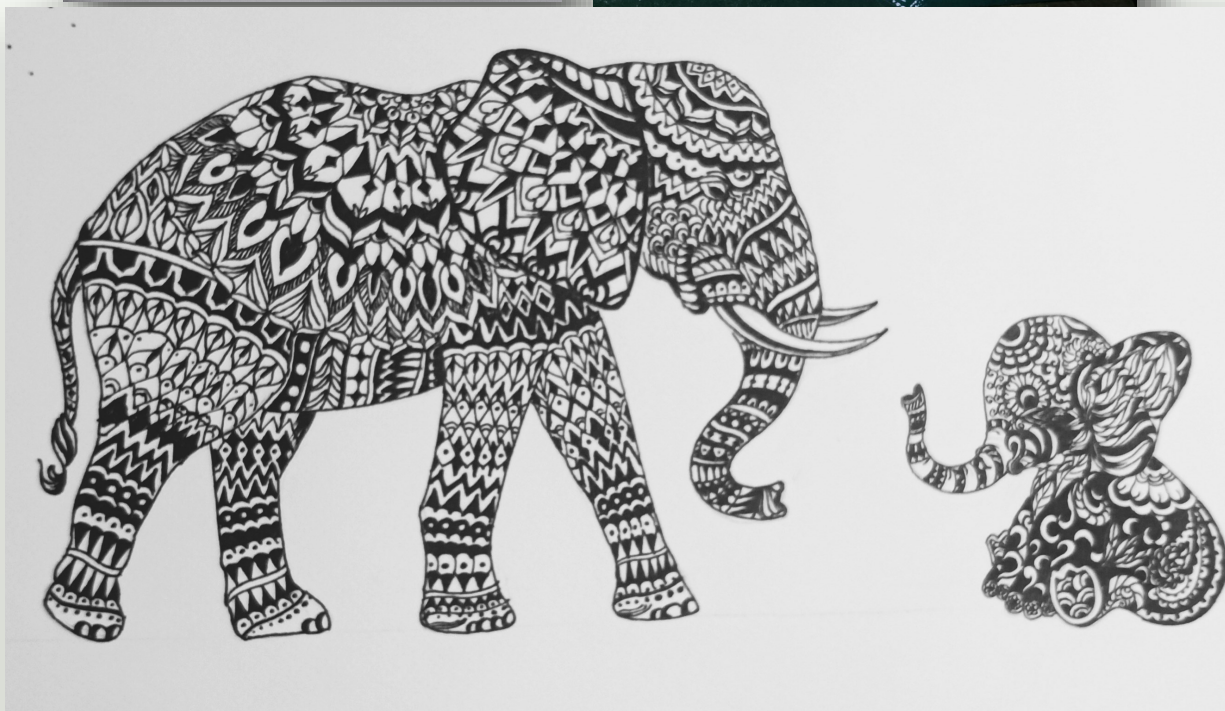
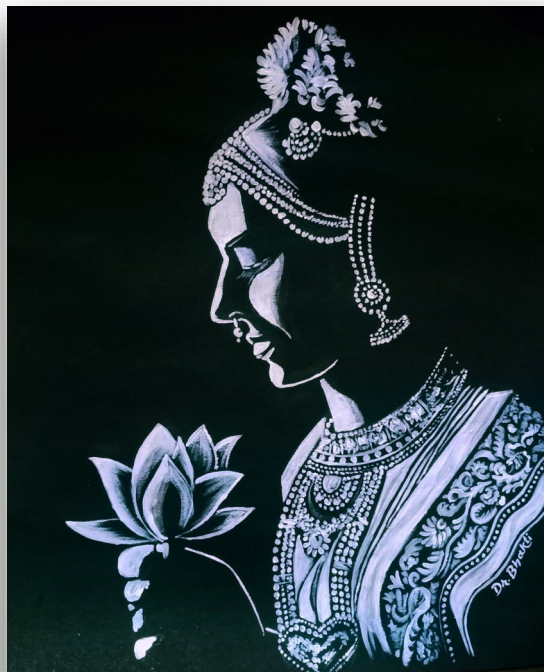
Dr. Kanchan Pathak is an Otorhinolaryngologist by profession and ex-student of R. G. Kar Medical College, Kolkata. He is also one of my classmates and one of my oldest friends from the class. He is a self taught painter and painting is his passion . Here are some of his charcoal paintings depicting the essence of north Kolkata. I am sure will like it.





Dr. Bhakti Phalke,
MBBS, DMRE
Consultant Radiologist
Ahmednagar,
Maharashtra.

Dr Bhakti Phalke is also a fellow radiologist. She is based in Ahmednagar in Maharashtra. Painting and sketching are her passion. Here is some of her artwork, which includes Mandala Art. I am sure you will all cherish it.





Dr. Bhakti Phalke,
MBBS, DMRE
Consultant Radiologist
Ahmednagar,
Maharashtra.





Dr. Bhakti Phalke,
MBBS, DMRE
Consultant Radiologist
Ahmednagar,
Maharashtra.





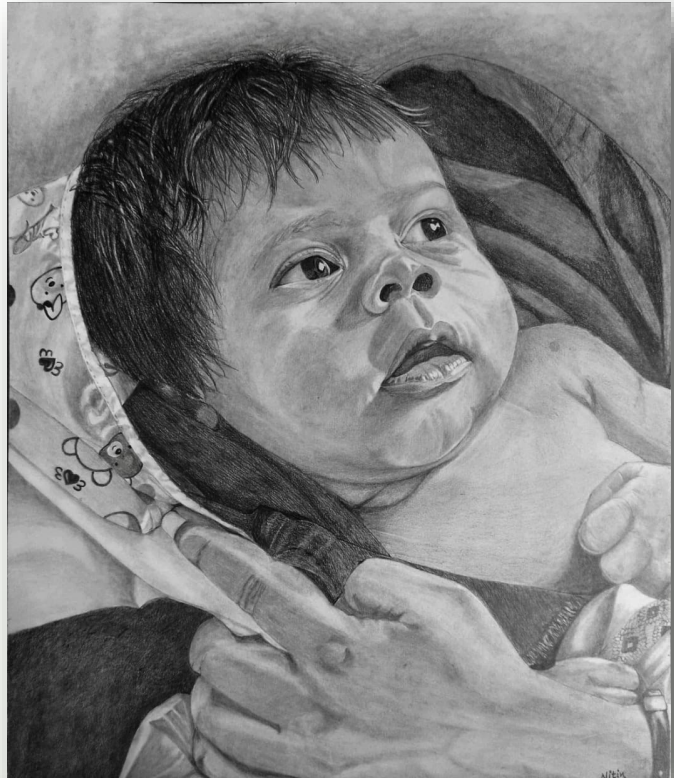
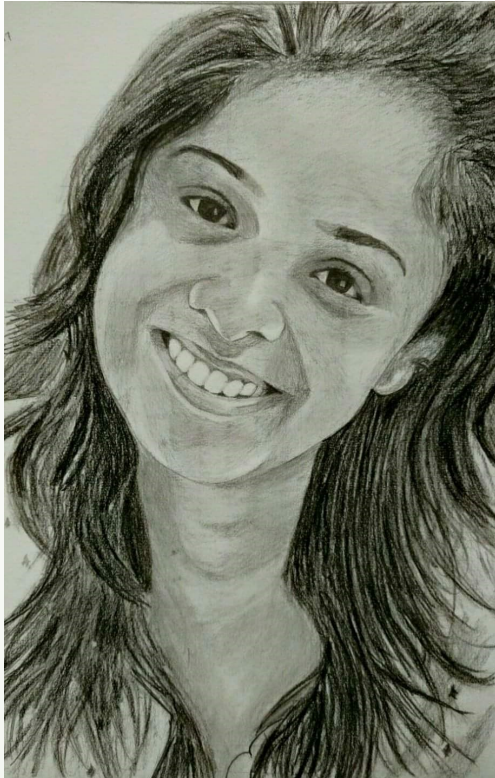
Dr. Nitin Jadhav
MBBS, DMRD, DNB
Consultant Radiologist

Dr Nitin Jadhav is also a fellow Radiologist and is presently working at Bhakti Sonography Clinic Chinchwad, Pune as a Consultant Radiologist. He did his MBBS from VM Medical College Solapur, DMRD from KEM Hospital, Mumbai and DNB from Lilavati Hospital, Mumbai.

He used to do charcoal pencil drawing since his MBBS days.

He started drawing with color pencils since 2017.

Painting is a biggest stressbuster for him. I am sure you will like his art.





Dr. Sandhya Patil Bhadane.
MBBS, DMRD
 Consultant Radiologist
 Bhadane X-ray And Sonogra-
 phy Clinic,
 Pune, Maharashtra.

Dr Sandhya Patil Bhadane is also a fellow Radiologist from Pune. She is working at Bhadane X-ray and sonography clinic and is interested in Fetal medicine. She did her MBBS from BJ GMC Pune and DMRD from Sassoon General Hospital, Pune. Besides radiology her hobbies are painting and cooking and then a full time Homemaker. She had left sketching when she joined medicine. This lockdown gave her a chance to hold her brush again. Watercolor is her hobby, love, passion and she is dreaming to master it. She is a self taught painter and takes help from YouTube tutorials. Paintings gives her Ultimate peace. Here is some of her artwork. I am sure you will love it.





Dr. Sandhya Patil Bhadane.
MBBS, DMRD
Consultant Radiologist
Bhadane X-ray And Sonogra-
phy Clinic,
Pune, Maharashtra.

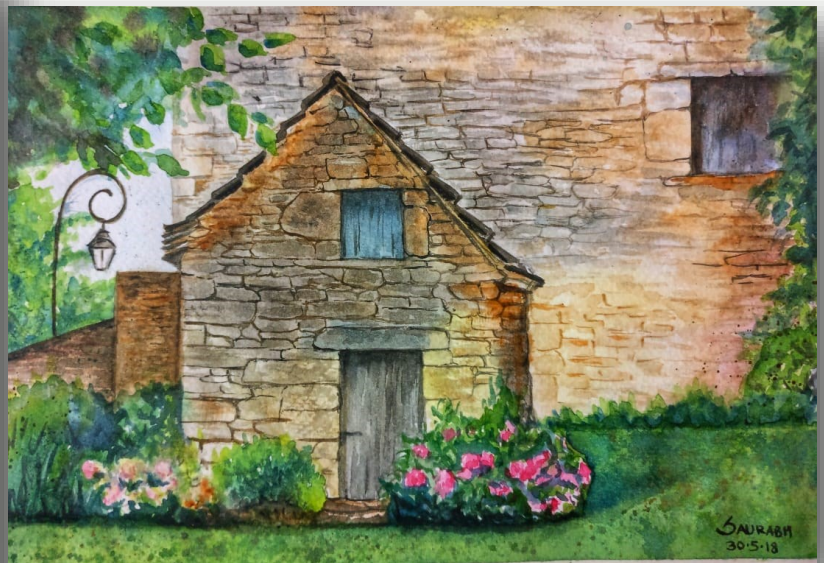




Dr. Saurabh Sharad Deshmukh,
MBBS, MS
Consultant Ophthalmologist
Kothara community hospital
Paratwada, Amravati,
Maharashtra.

Dr Saurabh Sharad Deshmukh is an ophthalmologist by profession. He did his MS (Ophthalmology) from MGIMS, Sewagram and passed out in 2013. Presently working as a senior consultant ophthalmologist and surgeon, at Kothara community hospital in Paratwada, district Amravati, Maharashtra State. He used to do pencil sketching initially, most of them done during his MBBS days. And then there was a long break. Three years back, just experimented with watercolours, watching a YouTube tutorial and that turned out to be reasonably good for a first timer. He is a self taught, hobby artist, rather watercolorist.

Also he like phone photography, though very amateur at it. In photography he likes travel photography, flower photography, street photography, and nature photography the most. Here are some of his paintings. I am sure you will love it.





Dr Saurabh Sharad
Deshmukh,
MBBS, MS
Consultant Ophthalmologist
Kothara community hospital
Paratwada, Amravati,





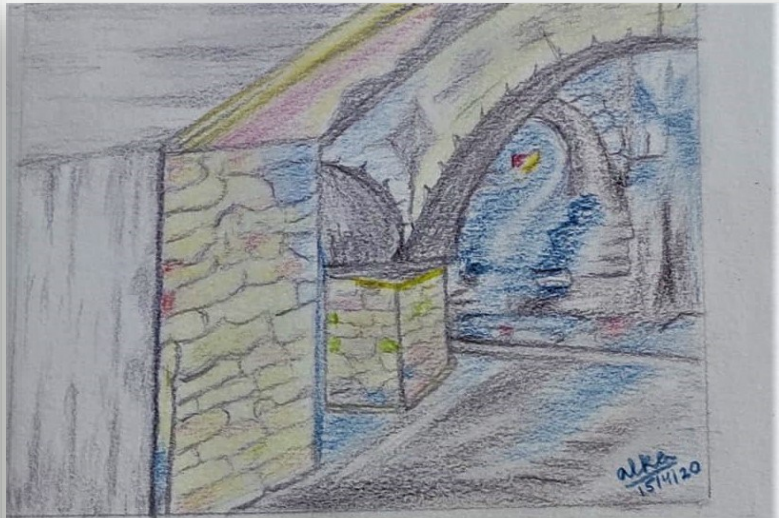
Dr. Alka Jain,
MBBS, DIHBT
Consultant in transfusion medi-
cine at Choithram hospital and
research Center, Indore

Dr. Alka Jain, is a senior consultant in transfusion medicine at Choithram hospital and research Center, Indore. She did MBBS from RNT Medical College Udaipur and Diploma in Immunohematology and Transfusion Medicine from SMS Medical College, Jaipur.

Here are a few of her sketches which she did during lockdown, which are very simple but carry a deep underlying message.



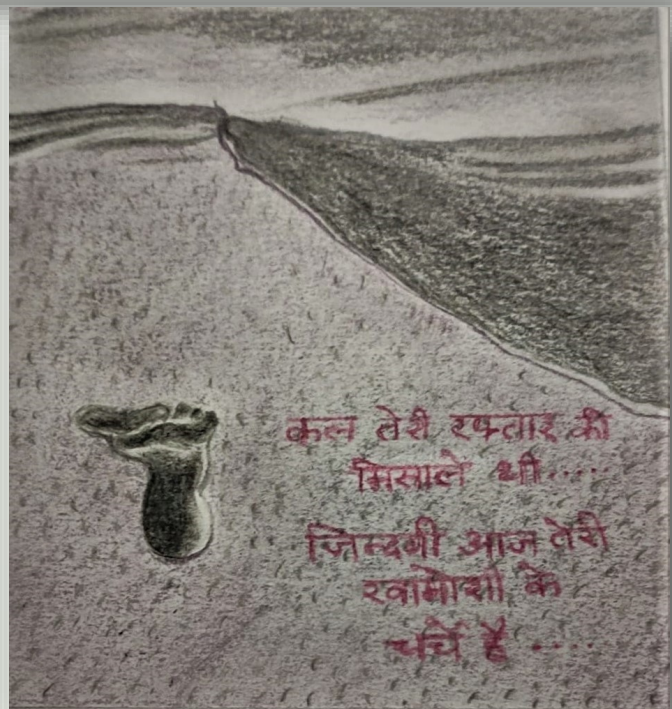
सारे मुल्कों को नाज था
अपने अपने परमाणु पर
कायनात बेबस हो गई
इक छोटे से किटाणु पर



याद रहेगा यह दौर भी हमे उम्र भर के लिए
कितना तबसे थे घर से निकलने के लिए



॥ बड़े दौर गुजरे हैं जिन्दगी के
यह दौर भी गुजर जाइगा ॥
धाम लो अपने पांव को धरों में
ये मंजर भी धम जाइगा ॥



कल तेरी रफ्तार की
मिसालें थीं....
जिन्दगी आज तेरी
रवामोशी के
चर्चे हैं....

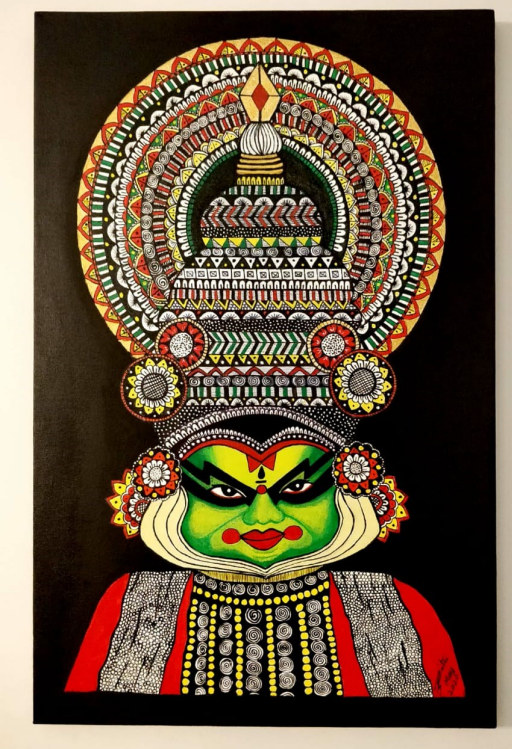


Dr. Ritu Gupta
MBBS(Gold medal-
list) ,PGD Hospital
management,

Dr. Ritu Gupta is a General;; Physician by profession and is based in Bengaluru.

She is an avid photographer and artist. In this issue we will have some of her Wildlife photographs which she had taken while she was staying in Kenya.

We will have a look in her artwork also, which is exquisite and I am sure you will all love it.



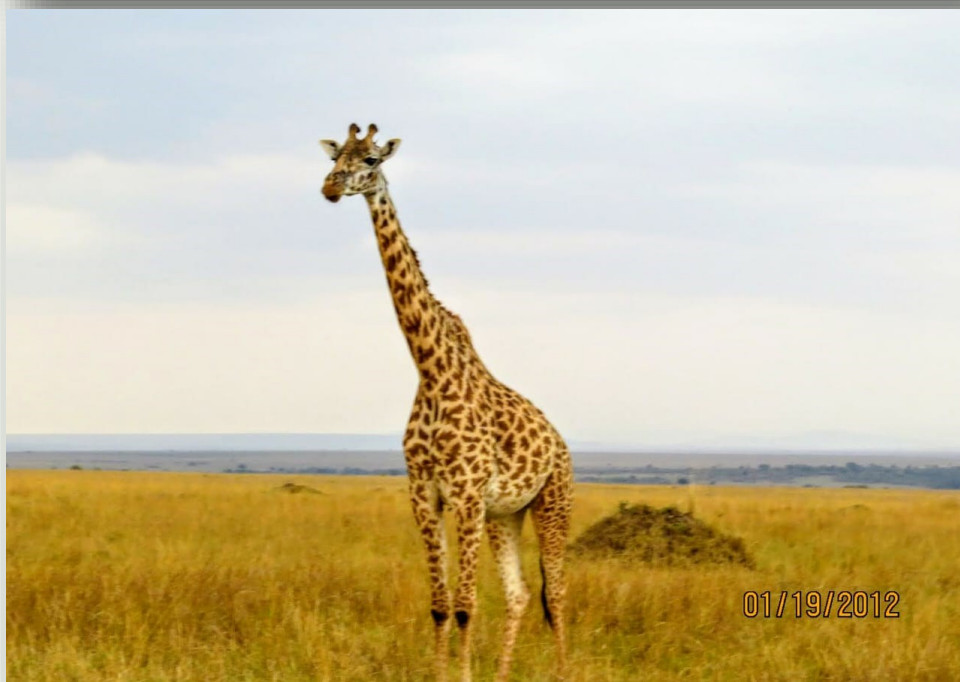


Dr. Ritu Gupta
MBBS(Gold medal-
list) ,PGD Hospital
management,
Bengaluru





Dr. Ritu Gupta
MBBS(Gold medal-
list) ,PGD Hospital
management,
Bengaluru





Dr. Ritu Gupta
MBBS(Gold medal-
list) ,PGD Hospital
management,
Bengaluru



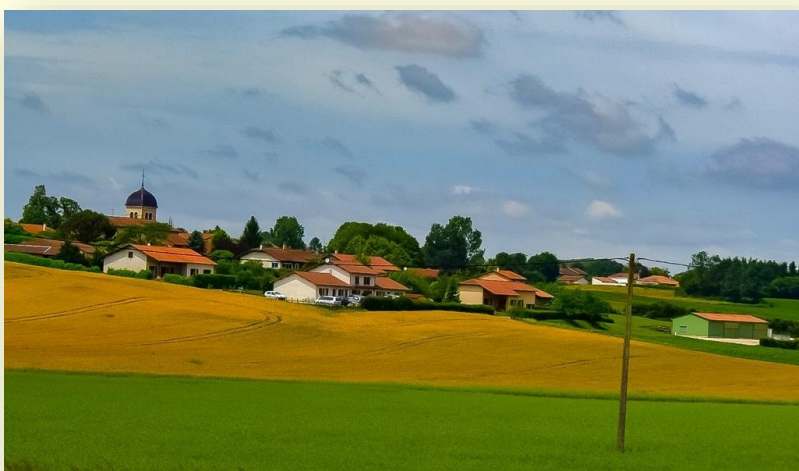


Dr. Satyam Kumar Maiti
MBBS, DO, MS
Consultant Ophthalmologist
Aaloey - Phera,
Contai, Purba Mednipur,
West Bengal, India.

Dr. Satyam Kumar Maiti is an Ophthalmologist by profession and ex-student of R. G. Kar Medical College, Kolkata. He is an avid photographer and bird watcher. He roams around the world with his camera. He is one of my classmates and a dear friend. We call him modern day Salim Ali {famous Ornithologist}.

Painting & music were his dream. He learnt classical music from a Ustad who was a teacher of his mom. He graduated in music & progressed to the mark of sangeet prabhakar.

He is a self taught painter. He revived his painting after a gap of almost 4 decades. So he thinks himself a novice as far his painting is concerned. He finds peace in playing with colours. Here are some of his photographs taken during his trip to Switzerland and rest of Europe.





Dr. Satyam Kumar Maiti
MBBS, DO, MS
Consultant Ophthalmologist
Aaloey - Phera,
Contai, Purba Mednipur,
West Bengal, India.





Dr. Satyam Kumar Maiti
MBBS, DO, MS
Consultant Ophthalmologist
Aaloey - Phera,
Contai, Purba Mednipur,
West Bengal, India.





Mr. Sushanta Bhadra,
MBBS, MD, DTMH, DNB,
FRCOG, FRCGP, LLB.
Clinical Director,
North Bexley PCN

Mr. Sushanta Bhadra is also my classmate and a very dear friend from R. G. Kar Medical College. He is probably the most qualified amongst 150 classmates of our Medicos-80 batch. He now stays in Bexley, Kent, UK. In spite of a very busy schedule, he still manages to pursue his passion for glamour photography. Some of his work is here and I am sure it will please you.





Mr. Sushanta Bhadra,
MBBS, MD, DTMH, DNB,
FRCOG, FRCGP, LLB.
Clinical Director,
North Bexley PCN





Dr. Ritu Lokhande
MBBS, DMRE
Radiologist
Pune

Dr. Ritu Lokhande is also a fellow Radiologist from Pune. Women imaging is her area of interest. Apart from radiology she pursues her passion for cooking ,dancing and styling. She is a fitness enthusiast, marathoner and yoga expert. She is the styling expert of Mediqueen Mrs. Maharashtra, a beauty pageant organized by the doctors for the doctors in Maharashtra in Jan 2020.

Her natural flair to socialize helps me enjoy a vibrant circle of friends both from medical and non medical fraternities. She can cook almost all the Indian cuisines, Continental, French ,Italian. Baking is her all time stress buster. Here are some of her dishes. I am sure you will all drool over it.

Passion of Fashion, a journey to narrate

All people are born equal, but few rise above and make the difference...

Here is one such Challenge ,which I made an opportunity to pursue my passion.

Few like minded Doctors from 4 different streams, decided to make a difference . Of course Rome was not built in a day nor by King alone. This event was well organised by the Mediqueen team We all dreamt to make an impact.

Wanting to do something is a desire, not a sentence.

When I "decide" what I want, I translate my desire into a sentence and then follow the sentence.

I take the Desire out of my heart and put it into my self esteem ..

If I ask myself, 'What should I do?', my mind will give habitual answers , most are voices from the past on what it would want me to do.

It ignores the fact, where my heart is leading me this moment this instant.

This prelude was to set momentum and base, how my desire and passion raced ahead of my grey cells to make this happen.

It helped to deal with turbulence, internal and external.

I was very reluctant, considering my busy schedule, social responsibilities, family priority , my health regime and of course my time slice to pursue updates in Fashion and Designing Wardrobe.

As they say, opportunity knocks only once at door, I decided to take that plunge into "Making

of Mediqueen", Beauty Pageant for Doctors.

This unique, innovation and pioneering initiative, expected me to lead the fashion and design Expert role.

Well once I take plunge I never look back.

Our 1st Audition was at Aurangabad.

With very less time to build brand , advertise we were scheduled in November

Very less response , we almost decided to cancel.

But since it was announced I was very determined to continue as first impression is the last impression and convinced the entire team to conduct the auditions on the designated date and time.

We wished and dreamt, we will do best and not compromise.

Tremendous support from all in fraternity, our founders team synergy ,family and friends we went ahead and executed the Audition.

Great organising and super implementation, made it viral on Social media.

After that it was no looking back.

We did in 6 zones in Maharashtra namely Aurangabad ,Nagpur ,Mumbai, Kolhapur, Nashik .

Each one larger, Better and super than previous ones.

I was eating, breathing and sleeping only Mediqueen Beauty Pageant.

Being Fashion and design consultant, had to give that leadership to these doctors.

I had to extensively travel and choose , pick wardrobe as per individually.

I also customised the dress as per individual personality and comfort to carry on stage.

Passion of Fashion, a journey to narrate

The task did not end just choosing and making, but preparation of how to carry all the design.

I had to put to use all my knowledge and expertise in fabric, design etc

Finally we had 65 aspiring beautiful intellectuals groomed for the finale night.

It is easier said than done.

All these beautiful girls, are busy Medical experts, family people .

Most had never been on stage and least on Ramp Walk.

Atlas the journey moved into last lap on Jan,9th at Hotel Orchid ,Baner . 65 beautiful intellectuals across Maharashtra landed at Orchid 5 star Resort. They were to be further groomed for the Finale on Jan,11th.

Various coaching and mentoring sessions were organise and conducted by renowned experts in respective fields.

We organised good grooming plan, including fitness, diet, facing judges, ramp walk etc.

This 3 days were nothing short of making the ore go thru furnace to come out as steel, nice and strong.

From early morning 6.00am to night 10.00pm they were groomed and coached in various areas which will make them best amongst the best.

Friday was the Pre-Finale round.

This was a further drill and grill, to make them sharper and finer for facing the tough Juries on Finale.

And then the much awaited dawn of Sat, Jan 11th 2020 when History is created.

es, all the beautiful at heart girls, were ready

for the Finale on Jan,11th 2020.

It is a fact, World always remembers the Pioneer or the Inventor.

We are the pioneers, of this Medico Pageant Mediqueen MS. Maharashtra 2020.

So all the efforts which went for last many weeks, also 2 days before Finale, were to be showcased on Jan,11th 2020.

The day started very early. All the 65 contestants were eager and anxious , to showcase the skills on stage as much they do in Operation Theater or Consulting Room.

This journey, was development from caterpillar to butterfly taking its flight.

The Juries included the whose who from the Industry The VIP Guests were esteemed celebrities .

We continued our preparation till 5.30pm, when after we had the Curtain raiser.

It started with welcome to guests in traditional way.

It was an event which not only was eye opener to Maharashtra but to entire India .

Amazing graceful walk by the Intellectuals from most noble profession, proving they are best at everything.

Traditional Wardrobe and the Western Gowns were the show stealer, and juries were in awe.

I am extremely glad that the Wardrobe and Walk by the Finalists.

Rome is not built in a day.

But yes, we all women made it.

We walked confidently the Ramp,

We posed, We spoke and we won the hearts.

Vedi.Vini,Vinci (French)

In English means We came. We saw. We Conquered.

Passion of Fashion, a journey to narrate

Calcutta Canvas - Artwork - Dr. Jayati Sengupta



Dr. Jayati Sengupta
MBBS, MD.
Consultant Paediatrician

Dr. Jayati Sengupta , MBBS,MD (PAED), is an alumni of Medical College, Kolkata. She is a Pediatrician with special interest in Pediatric nephrology. She is associated with AMRI hospitals and Institute of child health Kolkata as a consultant.

Though art was always a passion, she could not follow it up due to various reasons. She has started painting seriously for the past 2 years and have participated in several exhibitions. She uses the small income generated from the sale of her paintings to donate to charities close to her heart. I am sure you will love her art. In this issue, she has covered different aspects of Calcutta on her canvas.



Calcutta Canvas



Calcutta Canvas - Artwork - Dr. Jayati Sengupta



Calcutta Canvas



Calcutta Canvas - Artwork - Dr. Jayati Sengupta



Calcutta Canvas





**Neither you nor me
were willing to cross the road,
So, the distance remained.**

Painting by Dr. Kanchan Pathak

Next issue in December 2020

We are bringing out such e-magazine with a frequency of one issue every month. So, next issue will be published in December, 2020.

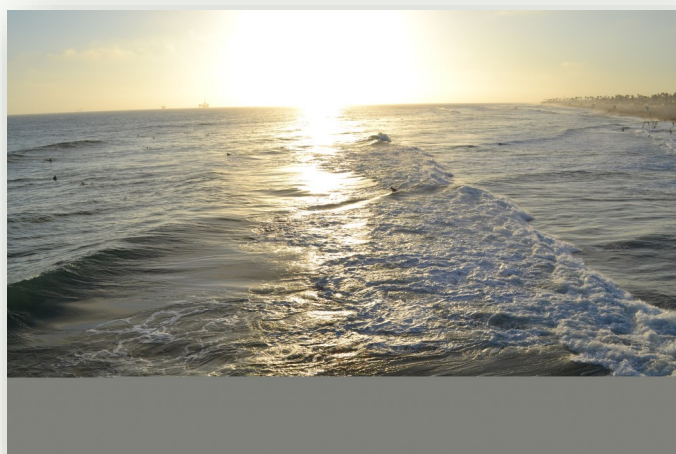
I am hereby inviting all the professionals who indulge in extra-curricular activities to share her/his work with me and if it is of good quality, we will surely publish it.

So, I request all of you to contribute to this Newsletter. Please send your material in Word format with good quality images. Please send your photograph and details of your place of work with email address also.

Your material should reach us by 15th. Of November, 2020. You can send the word file to my email: viralparekh@otlook.com.

I have already been affected by ongoing pandemic. So friends, all of you take care and be safe.

So long. Viral Parekh



Reflections

